	U10	U12	U14	U16	U18	U19
	6v6	8v8	11v11	11v11	11v11	11v11
Players:						
Max on the Field	6	8	11	11	11	11
Min on the Field	4	5	7	7	7	7
Max on the Team - Div 1 & Div 2	12	15	18	18	22	22
Max on the Team - Div 3	unlimited	unlimited	unlimited	N/A	N/A	N/A
Playing field(all dimensions in yards)						
Suggested Max Dimensions	45x60	55x80	75x130	75x130	75x130	75x130
Suggested Min Dimensions	35x45	45x70	50x100	50x100	50x100	50x100
Center Cirle Radius	8	8	10	10	10	10
Penalty Kick Spot from Goal	8	10	12	12	12	12
Penalty Area	10x26	14x34	18x44	18x44	18x44	18x44
Coaches Box Size	3x10	3x10	3x10	3x10	3x10	3x10
Coaches Box Location from Midfield	5	5	5	5	5	5
Coaches Box Location from Touchline	1	1	1	1	1	1
Spectator Line (1 yard off field of play at						
corner flag angled to 3 yard off field of	OK	OK	OK	OK	OK	OK
play at midfield)						
Goal Size						
Suggested Max Goal Size	6x18 ft	6x18 ft	8x24 ft	8x24 ft	8x24 ft	8x24 ft
Suggested Min Goal Size	6x12 ft	6x18 ft	8x24 ft	8x24 ft	8x24 ft	8x24 ft
Games:						
Ball Size	# 4	# 4	# 5	# 5	# 5	# 5
Duration of each half - single games	25 min	30 min	35 min	40 min	45 Min in Spring 40 Min in Fall	45 min
Second chances on Throw-ins	NO	NO	NO	NO	NO	NO
Offsides	YES	YES	YES	YES	YES	YES
Goalie punts - NO RESTRICTIONS						
Game Day Rosters (2 copies)	YES	YES	YES	YES	YES	YES
Coach Passcards	YES	YES	YES	YES	YES	YES
Player Passcards - Spring Season only	NO	Div 1 & 2	Div 1 & 2			
Earings, Watches, Wrist Bands, etc	NO	NO	NO	NO	NO	NO
CASTS OR SPLINTS	NO	NO	NO	NO	NO	NO
Soft Hair Items - yarn, rubber bands, etc	YES	YES	YES	YES	YES	YES
Shin guards required	YES	YES	YES	YES	YES	YES
Socks required over shin guards	YES	YES	YES	YES	YES	YES